

# Good News Brief

*A weekly publication of Christ Episcopal Church.*

July 8th, 2018



## This Week

### Sunday, July 8th, 2018

8:00 AM Rite I Holy Eucharist  
9:00 AM Chancel Choir Rehearsal  
9:10 AM Adult Education  
10:00 AM Rite II Holy Eucharist  
10:00 AM Epic (Youth Group)  
10:00 AM Sunday School  
11:30 AM Coffee Hour  
11:30 AM Spiritual Quest II

### Tuesday, July 10th, 2018

10:00 AM Summer Playdate  
12:10 PM Chapel Service

### Wednesday, July 11th, 2018

9:30 PM Compline, Church

### Friday, July 13th, 2018

7:00 PM Women's Revival Potluck

### Sunday, July 15th 2018

8:00 AM Rite I Holy Eucharist  
9:00 AM Chancel Choir Rehearsal  
9:10 AM Adult Education  
10:00 AM Rite II Holy Eucharist  
10:00 AM Epic (Youth Group)  
10:00 AM Sunday School  
11:30 AM Coffee Hour

Do you want to add an event to the church calendar? Contact the church office : [Office@Christchurchseattle.org](mailto:Office@Christchurchseattle.org)

## This Sunday

**Spiritual Quest II** will meet on Sunday, July 8<sup>th</sup>, from 11:30 am – 12:30 pm in the Library to discuss Chapter 4, “Hopeful Presence” of Steve Nolan’s *Spiritual Care at the End of Life*, pp. 74-91. Questions? Talk with Owen Ewald, Convenor.

## Upcoming Events

### Christ Episcopal Church Summer Playdate

Join us at Cowen park July 10th at 10am. A few snacks and activities provided. Parents, caregivers, and grandparents all welcome. Contact Heidi Hansen with any questions or drop a note if you can make it. We hope to see you soon!

### Women's Revival Potluck, July 13, 7pm - Join in the fun!

Join us at the next Women's Revival Potluck, hosted by Janice Christensen, on July 13.

This bi-monthly fellowship activity (second Friday evening of odd months) is open to all women of Christ Church and provides an opportunity to "revive" ourselves over good food and conversation. Please bring yourself, something to share for the potluck, and a friend if you'd like. Maps and driving directions will be available at the back of the church this Sunday. If you would like a ride (or are available to give a ride to others), please contact Marilyn McGlashan.

Janice's home is one block east of Meridian Avenue N in Shoreline, at the corner of N 167th Street and Corliss Place N. This is the first left off N 167th; if you find yourself on Corliss Avenue, you've gone too far.

# Of Note

## Altar Flowers

Every date in July and August (except for August 12) is open for Altar Flowers. If you have a memorial or thanksgiving event close to or on any of the Sundays (7-8, 15, 22, 29, Aug 5, 19, 26) please consider sponsoring Altar flowers. The cost is \$50 and all the arrangements will be made by the Altar Guild. Please contact Bea Jackson to sign up for a Sunday. You may also take the flowers after the 10AM service on your date and there's no need to pay until that Sunday. Thank you!

## Elizabeth Gregory Home—Current Needs

The following items are current needs:

- Grocery bags: Plastic, paper, cloth
- Washed to-go food containers with secure lids, all sizes
- Back packs & luggage
- Flip-flops, tennis shoes, and umbrellas
- Panties, sizes small and medium only (must be new)
- Working fans of all sizes
- Cotton nightgowns, all sizes

**Volunteer need to be a First Sunday of the Month Usher for the 10 am service:** contact Susan Folk or Pat Miller for more details.

## Volunteer Help Needed for UCEF

Since 1986 the mission of the United Churches Emergency Fund has been to prevent homelessness. Through compassionate listening, focused referrals and some financial assistance for rent, utilities and move-in costs, UCEF has been doing just that.

UCEF needs your help. There are several vacancies on its board of directors. The board meets every other month and could use members who can help visualize UCEF's future. UCEF also needs someone skilled in building and developing its web page. Most of that work can be done from home.

In addition, UCEF is looking for a few people who would like one-on-one experience working with those in need. Volunteers usually work just twice a month, though it could be more. The shifts are Tuesday, Thursday and Friday from 10:30 to 12:15.

If you're interested, please contact Jo Gustafson, executive director, at 206-524-7885 or [director@uchurchesemergencyfund.org](mailto:director@uchurchesemergencyfund.org). Thank you.

## Thanks from U District Youth Care!

Last Sunday, we cooked, assembled and wrapped 50 burritos, and delivered them along with chips, salsa, and cookies to the U District Youth Care center on 45th Ave. The youth hanging out at the center were really excited to receive the food, and were very grateful for our generosity. Thanks to Ellen Perleberg, Mary Herdell, Kathy Chamberlain, Geneva Wall, Cid Hudspeth, and Betsy and Seth Voelker for all their hard work helping put together the food, and thanks to the Coffee Hour team for letting us share their kitchen space!

## Coffee Hour Survey – The Results are in!

Thank you to everyone who took the coffee hour survey(s) back in May. Your feedback has been heard! We received 32 responses to the parish-wide survey and 20 responses to the survey for coffee hour teams.

Here are the major findings:

1) Parishioners really like the opportunity for fellowship and appreciate the quality of the food. Thank you Coffee Hour Teams!

2) If you could change one thing... everyone agreed that the flow and orientation of the room, along with adding some additional seating, is the biggest issue.

3) We could do a better job of talking to people we don't know.

4) Caffeinated coffee is really popular (and to think we just added it this year!) and we should put out pitchers of water too.

5) Parishioners prefer self-serve beverages while the coffee hour teams prefer to serve. These two quotes capture the general sentiments:

\* "I like self-serve because it feels more natural, and also sometimes interrupting a conversation the coffee server is having or waiting can feel a bit awkward."

\* "Hospitality matters -- serving others shows a kind of caring. It's reliving the Gospel every Sunday."

Therefore, we recommend using the urns (self-serve) most Sundays and serving coffee/tea on more formal Sundays.

6) Parishioners are relatively indifferent to paper vs. china cups, with a slight preference toward paper. Coffee hour teams are split, with vocal members preferring china. Those who prefer paper mentioned that it is less work for coffee hour teams, more convenient to take to go, and less formal. Those who liked the china like it because it is more formal and feels classier, and it feels more environmentally responsible (and people don't know if the paper cups can be recycled or if they are compost – dirty=compost, clean=recycle). To quote a member of the parish: "The reason I don't like china at coffee hour is because it's too clumsy to maneuver a cup & saucer, stir in cream or sugar, and try to either pick up a snack or fill a plate. To me, cups and saucers are for sit-down events with a tad more formality, when you can pick up just the cup at the table. Subconsciously I'm afraid of dropping the cup, so I usually refrain from a beverage when there's only china." We recommend using paper cups for most events and cups and saucers for more formal Sundays.

7) Members of coffee hour teams love this ministry and would love to have more people join them. If you are interested in joining a coffee hour crew (only 6 Sundays a year, expenses reimbursed!) let Marilyn McGlashan know.

There were many very good suggestions that were provided on both surveys (e.g. label food with nuts, ideas for improving the flow, having an orientation/review for coffee hour teams) that we will be following up on. For the longer survey results and many more recommendations, see [May 2018 Coffee Hour Survey Results](#). If you are on a coffee hour team, we highly recommend that you read the findings – and know that what you do is still up to you on your Sunday!

Thank you again to the coffee hour teams and to everyone who took the time to fill out the surveys!

Melissa Morrell (Survey Coordinator) and Marilyn McGlashan (Coffee Hour Coordinator)